

Sample pages from Days 1 – 6

Please note that these are not consecutive pages from a single day.





Day 1

Episode 6: Sweet Freedom (whole episode)

Bible stories: Moses and the Egyptian Slavemaster Exodus 2:1-15

Saul on the Road to Damascus Acts 9:1-18

What the Bible stories teach: Standing up for right and choosing the right path

Check List

Assembly

Badge template for each child (General Printable Resources)

• Printer labels to print badges onto (see page 3)

- Colouring pens, pencils or marker pens
- Card to stick badges onto
- Sticky tape
- Safety pins

or

Conference badge holders

Showing the DVD

DVD screening facilities and Friends and Heroes Episode 6

Craft activities

Mask making

- Coveralls to protect clothing
- Covers to protect tables/benches

either

- Plastic white face masks (readily available in fancy dress shops and online; sometimes referred to as
 'robotic masks'. Price from about 45p each depending on where you purchase them. Size 17cm to
 18cm is suitable for children and small adults)
- Acrylic paints and paint brushes

Of

- Paper plates with eye-holes cut out or mask template (Day 1 Printable Resources page 13)
- Card to print mask template onto
- Scissors
- String or light elastic (to fasten masks in place)
- Appropriate paint (for use on card) and paint brushes, and/or felt tip pens and pencil crayons





Egyptian headband

- Sheets of card cut into strips approximately 4cm wide
- Coloured stickers and other items for decoration
- Cuttings from colour magazines
- Scissors, glue and sticky tape

Picture painting

- Large pieces of paper
- Paints and paintbrushes

Games and snack-time

Blindfold games

- Blindfolds (you can use scarves, tea-towels or appropriate lengths of fabric)
- Any other props that are required for your chosen activity(ies)
- Pin the tail on the donkey (Day 1 Printable Resources pages 14-18)

Who am I quiz

• A copy of the Who am I? quiz (Day 1 Printable Resources – pages 19-20)

Snack-time

- Digestive /Rich Tea biscuits
- Cream cheese, buttercream and diary-free alternative or icing
- Decorations e.g. jelly beans, sugar-coated sweets, liquorice shoelaces cut up for hair etc.
- Blunt knives for spreading
- Plates
- Drinks
- Cups
- Drinking straws

Bible search/Memory verse/Reflections

- Bibles for the children
- Flipchart and marker pen
- Memory verse banner (Day 1 Printable Resources pages 21-27)

Song time

- Right on! Holiday Bible Club music track and song lyrics, *I'm Your Man* (Macky's Song) (Music Resources) and music player
- PowerPoint slide-show display facilities and the *I'm Your Man* PowerPoint slide-show *(optional)* (Music Resources)

Closing assembly

- Day 1 stickers for each child (General Printable Resources)
- Sticker page for each child (Day 1 Printable Resources page 28)
- Take home puzzle sheet for each child (Day 1 Printable Resources page 29)



Mini-drama Rehearsal

Take some time for a short rehearsal. You will need the narrative from Day 3 Printable Resources – page 22, or your own script based on the same idea.

Although you do not need them today, a small number of props and costumes will be needed for the final production.

- ☆ Appropriate football shirts (for supporters)
- **⇔** Ball or tin can
- ☆ Tracksuit and training bag (for physiotherapist)
- Notebook and pen (for newspaper reporter)

Bible search/Memory verse/Reflections

Materials

- Bibles
- Flipchart and marker pen
- Memory verse banner (Day 4 Printable Resources pages 16-22)

Include a short Bible search time (as on previous days) to lead up to introducing today's memory verse. Here are some suggested verses to start you off:

Acts 3:6 Malachi 4:2 Ephesians 4:16 Psalm 25:9

Write the verse down on your flipchart and take some time together to recite it. We suggest the following verse.

"I walk in righteousness, in paths of justice." Prov 8:20

We have included a memory verse banner of today's memory verse which can be glued together, then coloured in and decorated as you and the children wish.





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Reflections

Ask the children to think about what it must have been like to be put in prison time and time again for simply doing what you knew to be right.

This happened to Jesus's friend, Peter, several times. What made him keep on going? Why didn't he just give up?

Encourage the children to focus on the importance of truth and doing the right thing. Some things are so important, you can't let them go. If you were to give them up, you know you would be disappointed in yourself for a long time. Peter had once, in the past, lied and said that he didn't know Jesus – and afterwards he knew he was SO wrong to have done that. He had seen Jesus do amazing things and he had heard Jesus say equally amazing things about how to live your life properly, and how to understand and get to know God better and better. He knew from everything he had experienced, being in Jesus's company, that Jesus truly was the Son of God. Jesus was so enormously special, so enormously important, that it didn't really matter to Peter that he got into trouble telling other people about Jesus. Peter just knew it was the right thing to do. And because he did it (and other Friends of Jesus, too), we today now know about Jesus's life here on earth. We too can discover the importance and uniqueness of Jesus; and when we do, it changes our lives.

Invite the children to ask any questions they have about Jesus, and answer them as best you can. Afterwards pray together.

Suggested prayer:

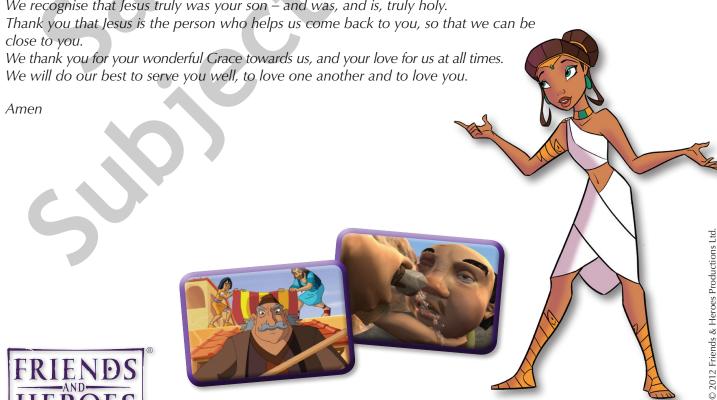
God in Heaven.

You sent your son, Jesus Christ, to this world to let us know how to live our lives properly and well.

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We recognise that Jesus truly was your son – and was, and is, truly holy.





Sample take home pages



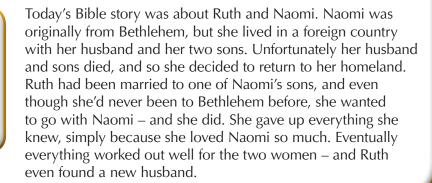
Meet... Portia

Hello. My name's Portia. I've only known Macky for a short time, but I find him and his family very interesting. They haven't got much money, unlike me and my family but they have got something that I don't have. They know so many interesting stories that teach you things – like how to treat one another fairly, and what's really important in life. I really want to know Macky and his family better and better, and find out more and more!

What happened today...

I went round to Macky's house, but his mother, Diana, didn't seem to want me there. She was busy and the others were at the marketplace, so I left. Little did I know then that Leah was getting herself in difficulty! She'd seen someone who looked like her father and chased after him. Macky and Rebecca eventually realised that she was missing. I do hope she's all right...

Today's Bible story...





Puzzle sheet 5

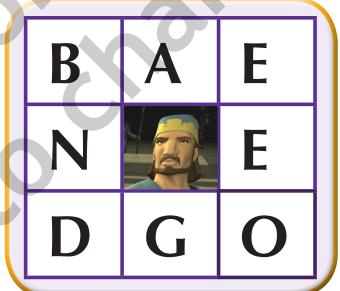
Macky told Leah and me the story of Meshach and his two friends, when we were stuck in prison and it looked like we might be sent to the mines! It taught us that we must always do the right thing — and that God will look after us.

Can you find the names of Meshach's two friends from the Bible story in the puzzle squares?

Write their names on the line below each puzzle. Then, in the boxes write as many words as you can create from each name. You can't include names or plurals and each word must have at least three letters!



R A H C A H



The Bible character is

The Bible character is



Daniel 3:26

Then Nebuchadnezzar came as close as he could to the door of the flaming furnace and shouted: "Shadrach, Meshach, and Abednego, servants of the Most High God, come out! Come here!" So Shadrach, Meshach, and Abednego stepped out of the fire. (NLT)

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